

ALPINE ELEMENTARY SCHOOL OLYMPIC WRITING



EVENT III. Eat to Compete: Fuel Your Imagination with Food

"Food and love are the earliest things we learn, with the deepest roots and reverberations. Maurice Sendak knew this when he wrote in *Where the Wild Things Are* that Max wanted to be 'where someone loved him best of all'—and that love was epitomized by a supper that was still hot."

Linda Sue Park

PURPOSE

It's been said that we are what we eat, but that statement doesn't just apply to our physical bodies. It relates to everything about us: our experiences, our memories, our connections to the people we love and the places we've been. Writing about food is a great way to unlock the imagination, and to explore what we love and who we are.

CLASS ACTIVITIES

In class, children will be writing about their memories of foods—favorite summer foods and gross foods.

AT-HOME ACTIVITY

Choose one of the following activities. Bring it back to class for a small reward from your teacher.

- Choose a favorite recipe and write it down. Then, in a paragraph or two, write about a time you remember eating this recipe with your family. Who was there? What was said? How did the food taste?

OR

- Make up a silly recipe of your own and write it down. Then, in a paragraph or two, create a place where this food would be eaten. Where is it? What is the occasion? What do people think about the food?

OPTIONAL ENRICHMENT ACTIVITY

Try to eat at least one meal this week together as a family. Discuss favorite family foods and meals. If you were to open a restaurant, what kind of food would you serve? With your family, create a menu for your fictional restaurant. Try the following links for some fun menu templates:

<http://www.buitoni.com/EntertainingTips/CreateMenu.aspx>

<http://www.abcteach.com/Reading/suess/menu.htm>